

Monday	Tuesday	Wednesday	Thursday	Friday
Shepherd's Pie Vegetable Cottage Pie  Peas Spring greens Mashed potato Mini roast potatoes  Yoghurt Rice pudding Banana Apple  Milk Water  Wholemeal bread	Chilli Con Carne Asian Vegetarian Rice  Brussel sprouts Baked beans Potato wedges Rice  Apricot fool Yoghurt Apple  Milk Water  Slice white bread	Chicken curry Vegetable chilli  Potato egg and watercress salad Spinach Leeks New potatoes Jacket potato  Honey baked apples Yoghurt Apple  Milk Water  Slice white bread	Pasta peas and spinach Pork balls and spaghetti Pasta peas and bacon  Spinach Broccoli  Fruit salad Apple Milk  Water  Organic crusty bread	Baked fish & tomato topping Salmon fishcakes Vegetable moussaka  Leeks Peas Chips Mashed potatoes  Banana brulee Yoghurt Tangerine Apple  Milk Water  Wholemeal bread

**Always available**

Freshly made sandwiches and large sub rolls on a variety of breads. Fillings of egg, cheese, meats, salad and tuna.

Soup of the day and a roll

Salad bar : an every changing variety with noodles, bean, rice, pasta, cous-cous and fresh leaves, salad vegetables and pickles

Baked potato with a choice of fillings

Pasta Blast : a pot of pasta with a choice of sauces

Fruit juices and fruit smoothies