Mission Transition
MOVING ON UP!

SUPPORT AND ADVICE
ABOUT MOVING UP TO
SECONDARY SCHOOL
MOVING TO SECONDARY SCHOOL CAN SOMETIMES BE A WORRYING TIME. HERE ARE SOME TOP TIPS TO HELP YOU PREPARE.

We spoke to our current Year 7 to ask for their advice on how you can get prepared. They came up with the following:

Get Organised

- Make a list of the things you will need for your new school, for example:
  - Pens, pencils, calculator.

- Practise getting ready for school:
  - With a family member make a list of all the things you need to pack and then do it by yourself. Ask your family member if you’ve done a good job.

- Keep in touch with your friends over the summer holidays share your excitement:
  - If you don’t see any of your friends for six weeks you may get a little nervous about seeing them again, organise a trip to the cinema or a day at each other’s house.
  - If you are moving to school on your own ask the school to pair you up with someone who you could meet up with or exchange email addresses - ask Miss Whalley about extra transition days. Email Miss Whalley – awhalley@sandhigh.cheshire.sch.uk.

- Read the new school rules, which will be given out in your information packs when you join us on the Transition Days, and make a list of what you can and can’t do.

- You will be visited by a member of Sandbach High School staff at your primary school and given a Welcome Booklet. Look at the school map and timetable and familiarise yourself with where rooms are.

- Make a list of key questions you want to ask when you visit the school on Transition Days (Tuesday 27 June to Friday 30 June 2017).

Make sure you share your excitement, worries and concerns with your family and friends
<table>
<thead>
<tr>
<th></th>
<th></th>
<th><strong>Try it?</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Map" /></td>
<td>Look at the map of your new school. Use your example timetable to find the classroom you need.</td>
<td></td>
</tr>
<tr>
<td><img src="image2.png" alt="Diary" /></td>
<td>Start using a diary or notebook at school.</td>
<td></td>
</tr>
<tr>
<td><img src="image3.png" alt="Question Marks" /></td>
<td>Write down questions you want to ask at school (Primary School or at Sandbach High School when you visit)</td>
<td></td>
</tr>
<tr>
<td><img src="image4.png" alt="People" /></td>
<td>Talk to friends – who else do you know who is moving to the same school?</td>
<td></td>
</tr>
<tr>
<td><img src="image5.png" alt="Camera" /></td>
<td>Visit your new school and take pictures to remind yourself what it looks like.</td>
<td></td>
</tr>
</tbody>
</table>
Mission Transition
Things to do before “I Move On Up!”

Practise buying your own food in cafes.

Start visiting your new school, attending Mission Transition events.

Year 6 and 7 Welcome Disco
Friday 19 May (6.30pm-8.30pm)

Mission Transition Parent and Student Information Evening
Thursday 25 May (6.30pm-7.30pm)

Mission Transition Days at your new school
27, 28, 29 and 30 June.

Visit The Learning Centre to borrow books to read during the summer holidays
11, 12 and 13 July (3.15pm-5.15pm).

Plan what equipment you will need to take to your new school.

Use the map of your new school to think about where you need to go on your first day.

Sunday 3 September
Lay out your clothes and pack all the things you will need to take to school tomorrow!

Arrange to meet up with friends on your first day at school.

Come along to the Year 6 Social for fun and games at your new school!
Wednesday 30 August 12.00pm – 1.30pm

Congratulations, you made it to the first day!
Monday 4 September 2017

What I am looking forward to the most? ………………………………………………………………………………………………………..

What I am worried about? ………………………………………………………………………………………………………………………..

What am I going to do to overcome my worries? ………………………………………………………………………………………..
Things to do during the school holidays

<table>
<thead>
<tr>
<th>Try it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practise buying your own food and drinks in cafes.</td>
</tr>
<tr>
<td>Think about joining a club outside of school.</td>
</tr>
<tr>
<td>Look for technology you can use to help you prepare for your new school.</td>
</tr>
<tr>
<td>Practise packing up all the things you will need to take to your new school.</td>
</tr>
<tr>
<td>Plan your route to school and do a few runs.</td>
</tr>
</tbody>
</table>
Get Practising

There are lots of new things you will need to do for yourself at secondary school, most of which means you need to be a lot more independent. There are many things you can do to practise before you arrive in September

1. Start planning your journey to school. Try it during the school holidays first with a family member then with friends. If you need to do this on your own let your parents know what you are doing and follow their advice. If you do this you will find out how long the journey takes and what time to leave for school each morning. Wear a watch so you don’t lose track of time.

2. Lots of primary schools have planners, organisers or diaries. If you are not used to using a planner try using a notebook to remind yourself of things you need to do. This will be useful at your new school.

3. Practise packing your bag the night before school. Ask your primary school if they could let you take your books home then return them to school when you know you will need them.

4. At your house, designate a spot for schoolwork to be done. Have a desk with paper, pencils, pens and other school supplies in your room or in a quiet area. This will be for your homework and projects. All supplies should be kept there.

5. When you go out to a cafe or restaurant with friends and family try ordering and paying for your own food. This may come in handy if you have school lunches.

6. Join a club. If you haven’t already, try to join a local club outside of school. This will give you more confidence to talk to people and make friends at the same time.

7. If you like technology, look online for ideas to help you get organised for school.

8. Being prepared and organised is really important and can save you lots of time.
Get Moving
27, 28, 29 and 30 June 2017
Transition Days

The transition visits will really help and following these days you should feel a lot happier about how to move around the school. However, there are some extra things you can do 

1. Ask if you can have some extra visits. You could meet some teachers or even practise moving around school. Ask if you could also bring a friend or family member.

2. Ask if you can take photographs of some of your classrooms so that you can show your family.

3. Try to attend Sandbach University for Girls. These are special fun sessions which take place after school from 4.00pm to 5.00pm for three consecutive weeks on 7, 14, 21 June 2017. You can choose to participate in specific subjects. You will receive information about these separately or you can visit the school website.

4. From 11 to 13 July 2017, there will be an opportunity to visit The Learning Centre (TLC) after school with your friends or family to borrow books to read during the summer holidays. This will be a chance to meet staff and students. Our TLC is open until 5.15pm on these occasions.

5. The break and lunchtime menu for the Transition Days will be given to you beforehand. Look at this to decide on a healthy meal and calculate the cost.

6. Complete the Mission Transition questionnaire during Transition Days – this will help your Form Tutor to get to know you and the things you enjoy or feel nervous about.

7. You will be given a ‘Things I Need to Know About...’ leaflet during the Transition Days. This quiz will help you understand how you can help yourself and you will receive your very first merit points!