

## **SKI KIT LIST**

- Skis and poles – supplied by tour operator, included in holiday cost.
- Ski boots - supplied by tour operator, included in holiday cost.
- Helmets (compulsory) - supplied by tour operator included in holiday cost.
- Ski jacket
- Salapets (ski trousers)
- Ski goggles or sun glasses (goggles are preferable from a safety point of view)
- Layer of warm clothing – (best to take a couple of thin fleece tops or sweatshirts. 3 or 4 garments should be enough to see you through the week.
- Base layer clothing. (Essentially long sleeved T-shirts, Helly Hanson and Ronhill sell the most suitable ones)
- Ski gloves or mitts (gloves are normally better and you do need a spare pair)
- Warm hat which covers your ears (once again take a spare)
- The best things to wear under your salapets are thermal tights, leggings or similar.
- Scarf or snood.
- Ski socks (thick socks like walking socks to wear in your boots. Take 3 pairs)
- Boots shoes to wear in resort (you will be walking around in the snow so moon boots are good)
- Casual clothing for the evening and fancy dress
- Underwear (plenty, especially socks)
- Toiletries including sun cream (factor 30 and above) and sun block stick plus protection for lips.
- Towels (the hotel towels are a bit thin)
- Two pin plug adaptor plus a 4 gang extension lead.
- Any other valuables are brought at your own risk.