

Scheme of Work Title: Year 11 PSHCE

<u>Lesson</u>	<u>Theme</u>	<u>Topic</u>	<u>Starter</u>	<u>Main learning activities</u>	<u>Key question</u>
1	Relationships and sex	Sexual health	With a partner, create a list of people you can talk to about sex. Now you have your list put the people of your list under the headings: 'Most likely to approach' & 'Least likely to approach'	Definitions Discussion round youngest dad What do you wish you had been taught video Wordsearch Will protect form pregnancy/won't protect from pregnancy "Sexual health is only important when you are having a problem down there... You know what I mean" STIs	How can I keep safe sexually?
2	Relationships and sex	Mimi on a mission 1	Sex Education	<ul style="list-style-type: none"> ⦿ What is positive about the way Sex Education is covered in the Netherlands? ⦿ How would you change Sex and Relationship Education (SRE) in the UK? ⦿ What do you think about the statistics more that 80% of girls/women masturbate? Were you surprised? ⦿ What do you think about the statistic 1/5 girls are forced or 	What is good sex education?

				<p>pressured into doing sexual acts? Were you surprised?</p> <ul style="list-style-type: none"> ⦿ Do you think 12 was too young for the museum? ⦿ What is a vulva? Do you know?!?!? 	
3	Relationships and sex	Mimi on a mission 2	Safe sex	<p>Summarise 3 or 4 key points</p> <ul style="list-style-type: none"> ⦿ In threes come up with a campaign aimed at teenagers to make condoms cool! ⦿ Use some of the facts and information you learned from the video to help. ⦿ Make sure your ideas are jotted down in your books. 	What is safe sex?
4	Relationships and sex	Mimi on a mission 3	LGBTQ+	<p>Summarise 3 or 4 key points</p> <ul style="list-style-type: none"> ▶ What year did the Netherlands legalise same sex marriage? ▶ What year did the UK legalise same sex marriage? ▶ What does LGBTQ+ stand for? ▶ In pairs/threes design a rainbow flag of support for LGBTQ+ students in our school <3 put it on plain paper and take it to the RS department to go on the wall 😊 	What is LGBTQ+?

5	Relationships and sex	Mimi on a mission 4	Nudes and porn	Summarise 3 or 4 key points 'Porn should be made illegal' do you agree? Why can porn be dangerous? What are the consequences of sending nudes? 'Sending nudes is not such a big deal' do you agree?	What are the dangers of porn and nudes?
6	Relationships and sex	Mimi on a mission 5	Self love	Summarise 3 or 4 key points Explore the labia library	How can we learn to love our bodies?
7	Relationships and sex	Sexuality	Key word match	How do people your age use the word 'gay' <i>What effects does using homophobic language have on people?</i> Discussion questions Video Case studies Truetube	How can we be inclusive as a society?
8	Relationships and sex	Good sex OR healthy loving relationships	Tia case study Summary	You learn about male orgasms from a young age- why not female ones???? What message does this send to young women? And young men? Key terms Reading task Video with questions Agony aunt/counsellor task	What is good sex? What is a healthy relationship?
9	Relationships and sex	Marriage	Why do people get married? Video	How do you think marriages have changed since the 1950s? Benefits of marriage	Why do people get married?

				<ul style="list-style-type: none"> • What are the differences between traditional and modern marriages? • What is cohabitation? <p>What is your opinion on civil partnerships? Legalisation of gay marriage</p>	
10	Relationships and sex	Marriage	<p>What are arranged marriages? What are forced marriages? What are child marriages?</p>	<p>Information Video Sarah's story Forced marriage unit Statistics Child marriage</p>	<p>What are arranged marriages? What are forced marriages? What are child marriages?</p>
11	Health and wellbeing	STIs	<p>Symptoms of chlamydia</p>	<p>Videos Who's at risk Symptoms of gonorrhoea Where to get help Ben and Rosie get tested</p>	<p>What are Chlamydia and gonorrhoea ? How can we avoid them?</p>
12	Health and wellbeing	Pornography	<p>Guess what we're studying?</p>	<p>Legal or illegal? How does pornography effect the brain, society, relationships Russell brand video Human trafficking Statistics</p>	<p>How can pornography be dangerous?</p>
13	Health and wellbeing	Self Harm	<p>What do you already know?</p>	<p>Alyssa's story- with questions No harm done Support network</p>	<p>why do people self harm? How do we</p>

				In your heads- questions	support those who self harm?
14	Health and wellbeing	Bereavement	Stages of grief	Well cast video Grief video Lion King Where can you get support? Dragon fly story Write a letter to your future self offering advice and guidance on how to cope with the loss of a loved one if it ever happens to you or those around you	how do we cope with loss?
15	Health and wellbeing	Self esteem	Write down three thing that you really like/admire about yourself b) Write down one thing you don't like about yourself, OR WHICH prevent you achieving Which was easiest?	Partner up on your tables Consider ... <ul style="list-style-type: none"> • What qualities does your partner already have to succeed? • What's great about them? • What talents do they have? Draw a gingerbread person and fill it with positive comments about them Videos	how do we develop good self esteem?

		<p>Update for 2020 -smear tests</p>	<p>What do you already know?</p>	<p>Information Why do you think women and girls are avoiding smear tests? Video Lauren Bennie Video Jade Goody</p> <ul style="list-style-type: none"> ▶ Why do you think the number rises in younger people? ▶ Why do you think more deprived areas have lower attendance? ▶ Why do you think ethnic minority communities have lower attendance? <p>Create a poster to put young women at ease when it comes to smear tests and encourage them to attend they're appointments.</p> <p>Write a letter to your local MP (get them to Miss Maile to post if you want them sending, or just write them in your books) giving them your opinion on how we can tackle young people not attending their tests.</p> <p>Write a persuasive argument as to why a young woman should attend her smear test.</p> <p>Create a more engaging lesson plan/education session on Smear tests</p>	
--	--	-------------------------------------	----------------------------------	---	--

				(get it to Miss Maile, and we could use it for next year's year 10!) Design a new government initiative that would address the low uptake on smear	
16	Living in the wider world: economic wellbeing, careers and the world of work	Disability Update for 2020 parenting	<ul style="list-style-type: none">• What is a disability?• How can disabled people be treated in society?• Should we change the way we interact with disabled people? Cartoons	Agree or disagree? Is autism a disability? Disability in the media? Cbeebies Nick Vuijic What makes a perfect parent? <ul style="list-style-type: none">• What are the challenges of family life?• What are the challenges of being a parent?• What challenges are the challenges of being a child/young person?• What do you think makes a successful parent? Parental rights and responsibilities	how disability presented in the media? What is autism? What makes d good parent?

				Ten top tips for successful parenting Think of five hints/tips you can give to the parents of teenagers to help build good relationships	
17	Living in the wider world: economic wellbeing, careers and the world of work	Pay inequality	What is inequality? Video	Gender pay gap Poverty effects: Health Hunger Opportunities Safety Videos	what is pay inequality and what are the effects?
18	Living in the wider world: economic wellbeing, careers and the world of work	Criminal and civil law	What laws can you see being broken?	What is a serious offence? Why do we have laws? How does the law effect you? Different types of law, different types of courts Why do we punish? Quiz	what is the difference between civil and criminal law?
19	Living in the wider world: economic wellbeing, careers and the world of work	Tax	Wage slips	Income maths National insurance Student loan How are public taxes raised and spent by government, locally and nationally? Videos VAT	what is the difference between civil and criminal law?

20	Living in the wider world: economic wellbeing, careers and the world of work	Women in the media	What is media? What is the influence?	How does the media influence gender? Video Is music empowering? Women in the media recently	how are women portrayed in the media?
21	Living in the wider world: economic wellbeing, careers and the world of work	Due to covid if computer rooms are not available this becomes a whole class task with them all finding the information together from the website.		<p>Computer room task In pairs and 1 group of three, you will be given a topic/topics to research and then present back to the class. Using the links below, you need to research what the different laws are for your topic depending on whether you are married, living together or in a civil partnership.</p> <p>You will only have this lesson to gather the information and summarise it in your books.</p> <p>You will be 'teaching' the rest of your form about these topics next PSHCE lesson, don't write loads! You only need the basics!</p> <ol style="list-style-type: none"> 1. Definitions- civil partnership/marriage/cohabitation and their legal status. Is a 	What are the differences between marriage, civil partnership, and cohabitation?

				<p>marriage that just had a religious ceremony classed as a legal marriage?</p> <ol style="list-style-type: none"> 2. Banking and debts 3. Children 4. Death and inheritance 5. Ending a relationship and financial support (maintenance) 6. Housing (this should be a group of 3) 7. Legal aid 8. Next of kin and Names 9. Money and possessions 10. Pensions 11. Responsibility for children 12. Sexual relations and domestic violence 13. Student loans 14. Tax and welfare 	
22	Living in the wider world: economic wellbeing, careers and the world of work	If covid does not allow for computer rooms then the research as a class will continue.		Quick fire information- you have 2 and half minutes MAX to feedback your research in your pairs	

23	Living in the wider world: economic wellbeing, careers and the world of work	Sexual harassment	Define the three key words	Three videos After watching: 1. What is sexual harassment? 2. Why do you think people had different ideas about whether the second clip showed was sexual harassment? 3. What did you think? Did you think it was sexual harassment? What would you do?	what is sexual harassment?
24	Living in the wider world: economic wellbeing, careers and the world of work	Sexual harassment 2	Upskirting After watching: 1. What is upskirting? 2. When did it become illegal?	Revenge porn- two videos and questions Information Discuss as a class: Do you think 2 years in prison is long enough for revenge porn? Why? Why not? Case studies	What is upskirting? What is revenge porn?
25	Living in the wider world: economic wellbeing, careers and the world of work	British Culture	What does it mean to be a citizen? What does it mean to be a human? Do people in Britain get along on the most part? Can Boris Johnson unite Britain?	What are the British values? Why are they important? Identity and behaviour task Consider the influence of the values Create a cohesive event that celebrates the values.	What are the British values?

		2020 update- rape and consent	Warning- sensitive content in PSHCE this week and next. If you feel uncomfortable you may leave at anytime. PLEASE talk to an adult you trust if you need support. Or contact Childline Rape crisis Brook Safeline	Kaz and Ryan Popcorn reading Sexual harassment video truetube Videos and questions	What is consent? What is rape?
26	Relationships and sex	Consent and rape	Sarah's story-how can our justice system make it easier to report rape?	Male view on consent- what can be done to start changing attitudes towards consent? Partner rape- why do so many people not report rape? Conviction rate- how do we stop it happening? Case studies	What is rape, sexual harassment and consent?

27	Living in the wider world: economic wellbeing, careers and the world of work	Pregnancy, miscarriage and abortion	As a society We tend to focus on the excitement surrounding a pregnancy- baby showers, gender reveals and the 'perfect pregnancy announcement' are just three examples of this....but what about when pregnancy is not exciting? What about when things don't go according to plan?	Videos, abortion, abortion and the law Is 24 weeks too late	What is abortion?
28	Living in the wider world: economic wellbeing, careers and the world of work	Pregnancy, miscarriage and abortion	What is a miscarriage?	What is a miscarriage? Real life stories Where to get help	What is a miscarriage?
29	Relationships and sex	Break ups	Tina case study	Videos and questions Information	How can we manage break-ups amicably

				Video	and get over a broken heart?
30	Mental health	Mental health	Watch the movie trailer to the Disney Film Inside Out Why is this film an interesting way of explaining how our minds (emotions and mental wellbeing) help us cope with life?	Key terms Reading Society anxiety video Emotional first aid kit	How do we keep emotionally safe?
31	Revision				
32	Revision				
33	Revision				
34	Revision				
35	Revision				
36	Revision				