

Scheme of Work Title: Year 8 PSHCE

<u>Lesson</u>	<u>Theme</u>	<u>Topic</u>	<u>Starter</u>	<u>Main learning activities</u>	<u>Key question</u>
1	Relationships and sex	Running away	Dangers of running away, video	Popcorn reading and agony aunt task in response to struggles at home.	How can we avoid conflict at home and is anything solved by running away?
2	Relationships and sex	Friendship	Table of how they are a friend and what they want out of a friend	Respecting boundaries and being a supportive friend videos- friendship scenarios	How can I be a good friend?
3	Relationships and sex	Body image	Different types of media.	Perfect man and woman drawings. Questioning 'perfect'- key questions about culture.	How does the media affect body image? What is body confidence?
4	Relationships and sex	Body image	Bodies in the media video	Media pressure video and body confidence statistics. Should adverts be banned. Body image and weight discussion Compliments for everyone	How does the media affect body image? What is body confidence?
5	Relationships and sex	Body image	Men and body image video	Popcorn reading. Ken and Barbie question Statistical analysis questions	How does the media affect body image? What is body confidence?
6	Relationships and sex	Sex	Sexual Orientations Explained: Lesbian, Gay,	Why is it important to talk about sex? Sex (the basics) Video (where do babies come from?) True or False quiz	What is sex?

			Heterosexual and Bisexual video		
7	Relationships and sex	Sex	<p>What is consent? How does this link to the topic we are studying? Tea and consent video</p>	<p>Age of consent Why do you think the government chose 16 as the age of consent? Do you think it should change? Why? Questions for form tutor 5 questions for partner quiz</p>	What is sex?
8	Relationships and sex	Contraception	<p>1. Number the story in the correct order. 2. Why do the instructions for this starter say 'how babies are usually made?' 3. Why do the instructions say that this is how 'a man and a woman traditionally 'make love'?'</p>	<p>STDs and STIs HIV awareness video STD fact check video BBC article read as a class Statistics Read NHS guidelines as a class List 7 things you've learnt</p>	How can we protect ourselves against pregnancy and use contraception correctly?
9	Relationships and sex	Contraception	<p>Read NHS guidelines as a class</p>	<p>Types of contraception list Videos on each Safe sex logo</p>	How can we protect ourselves against pregnancy and use contraception correctly?

10	Relationships and sex	Healthy, happy relationships	Types of relationships. Problems in relationships lists	Videos on rejection Videos on healthy happy relationships Videos on consent All need summarising	How do we maintain healthy, happy relationships?
11	Relationships and sex	Comfort zones (8S First aid with nurse)	Define key words	Move around the room sharing what each of the scenarios make them feel Think about the positives of challenging yourself	What are your comfort zones and challenges?
12	Relationships and sex	Sexting (8O First aid with nurse)	A scenario of a 13 year old girl being pressure for nudes- what should she do?	What the three videos on sexting and answer the questions about the impact The law surrounding sexting Childline website Summarise in a acrostic	What is 'sexting' and why should I be bothered about it?
13	Health and wellbeing	Solvent abuse	What could be dangerous in the supermarkets?	Key questions and facts about volatile substances. Explore Talk to Frank as a class Ashling's story Short, long and chronic effects of Volatile Substance Abuse Should the government be doing more to tackle VSA?	What is volatile substance abuse?
14	Health and wellbeing	Fire safety	What is fire? What causes fire?	How do you prevent a fire? Making a fire plan Dangers of hoax calls	How do we remain safe when it comes to fire?
15	Health and wellbeing	Period poverty (8N First aid with nurse)	What do you know about periods? What does this picture represent?	2 videos about period poverty How do you think we could tackle period poverty in the UK? How do you think we could stop the taboo when talking about periods?	What is period poverty?

				Come up with some ideas and write up a government scheme to tackle the issue effectively.	
16	Health and wellbeing	Prescription drugs (8D First aid with nurse	Quiz about prescription drugs	What would you do scenarios. Videos Taking drugs is always wrong do you agree debate	Are prescription drugs always safe?
17	Health and wellbeing	Knife crime	Kyle's story	Who was affected and what were the consequences. Article discussion Videos and then come up with a better campaign task	Why do teens get involved with knife crime and what are the consequences?
18	Health and wellbeing	Personal finance (8I First aid with nurse	Risk questions Key word match up	Pay day loan risks and video Scenarios risk task Lending to friends risks	What risks are associated with money and personal finance?
19	Health and wellbeing	Physical health (8B First aid with nurse	Mind map healthy lifestyles and unhealthy lifestyles	Watch the videos and come up with a 'healthy lifestyle top ten tips'	What do we mean by a 'healthy lifestyle'?
20	Health and wellbeing	Real game 1 (8A First aid with nurse	Agree/disagree statements	What do you want out of your future? Rent and Mortgage definitions Choose a home and a mode of transport	What do we want out of future, and how do we get there?
21	Health and wellbeing	Real game 2 (8C First aid with nurse	Given a job	Work out take home pay Work out bills Rethink home and transport? Can you go on holiday? Leisure hours	What do we want out of future, and how do we get there?

22	Health and wellbeing	Smoking (8H First aid with nurse)	What is the link?	Smoking consequences Statistics Should smoking in cartoons be banned Videos Design an anti smoking cigarette packet	What are the dangers of smoking?
23	Health and wellbeing	Alcohol (8E First aid with nurse)	Why do people drink alcohol? Video	Consequences of drinking too much Alcoholism Video	What do you think the dangers/risks of drinking too much alcohol are?
24	Health and wellbeing	Catch up lesson		Students will have a first aid lesson on a rotation from the nurse and this lesson is designed to ensure they don't miss out on the topic covered on their first aid morning.	
25	Living in the wider world: economic wellbeing, careers and the world of work	Islamophobia	Why are people Islamophobic?	Videos Letter in solidarity	What is Islamophobia?
26	Living in the wider world: economic wellbeing, careers and	BLM resources sourced from the economist foundation	Empathy questions	Key words Key statistics Unconscious bias What is racism? Anti racist or non racist? Equality vs Equity Historical context	What is the BLM movement? What is racism?

	the world of work			White privilege BLM movement	
27	Living in the wider world: economic wellbeing, careers and the world of work	Raising awareness	Power of a good deed	Choose an issue that you are very passionate about, and get involved in raising awareness about it.	How can I make a difference?
28	Living in the wider world: economic wellbeing, careers and the world of work	Child rights	List the rights you already know	Videos What can you remember in 5 minutes Hot air balloon task- which ones do you think we could get rid of? True or false list	What are children's rights
29	Living in the wider world: economic wellbeing, careers and the world of work	CSE	Which of these do you think is healthy behaviour in a relationship? Which of these is unhealthy?	What is CSE? What would you do? Exploited clip CEOP Where to go for help	What is CSE?
30	Living in the wider world: economic	Extremism	Key words task Name the extremist groups	Extreme views of not? What causes extremism? Signs of radicalisation	What is radicalisation?

	wellbeing, careers and the world of work				
31	Living in the wider world: economic wellbeing, careers and the world of work	Extremism	ISIS are not Muslims	Scenarios Option of main tasks to consolidate knowledge	How do we tackle radicalisation?
32	Living in the wider world: economic wellbeing, careers and the world of work	Sweatshops	Which shirt should Josh buy?	Sweat blood and t shirts clips Company priorities order task	What are sweatshops and are using their products acceptable?
33	Living in the wider world: economic wellbeing, careers and the world of work	The law and the legal process	What is crime? Crime ranking task	Outdated laws quiz How is a law made? What laws would you change?	What is the law? How are crimes dealt with?

34	Living in the wider world: economic wellbeing, careers and the world of work	The law and the legal process	Two types of courts	Is 10 an acceptable age for criminal responsibility? Agree and disagree with statements?	How are young people punished?
35	Living in the wider world: economic wellbeing, careers and the world of work	Racism and xenophobia	Define the key words. Draw a cartoon to help you remember them.	Video Match the key words Read the article as a class Causes of racism and prejudice Video Letter to the prime minister	Why are xenophobia, racism and extreme nationalism so dangerous to Britain?
36	Living in the wider world: economic wellbeing, careers and the world of work	Parenting	Cartoons	What makes a perfect parent? <ul style="list-style-type: none"> • What are the challenges of family life? • What are the challenges of being a parent? • What challenges are the challenges of being a child/young person? • What do you think makes a successful parent? Parental rights and responsibilities Ten top tips for successful parenting Think of five hints/tips you can give to the parents of teenagers to help build	What makes a good parent?

				good relationships	